



# Enfermedades autoinmunes sistémicas



17.Jun - 18.Jun 2022

Cod. 005-22

**Mod.:**

Streaming Face-to-face

**Edition**

2022

**Activity type**

Summer course

**Date**

17.Jun - 18.Jun 2022

**Location**

Miramar Palace

**Languages**

Spanish

**Academic Validity**

20 hours

**Organising Committee**



## Description

Systemic autoimmune diseases (SAD) continue to be a big challenge for clinicians, given their complexity, clinical variability and potential impact in the life of patients, many of them young women.

Over the last 7 years, the Autoimmune Diseases Units from Cruces and Bordeaux University Hospitals have established a collaborative clinical and research program, including joined Lupus-Cruces and Lupus-Bordeaux research projects and annual Basque Lupus Seminars at Baiona.

In the 2018, 2019 and 2021 editions of the University of the Basque Country Summer Courses at Donostia (the 2020 course was unfortunately cancelled due to the COVID-19 pandemic), we have contributed with the course **Enfermedades Autoinmunes Sistémicas / Systemic Autoimmune Diseases**. It has been conceived as a practical course, remarking the importance of a collaborative multidisciplinary approach and including real-life clinical situations from our two Units with an interactive approach.

This proposal for the 2022 edition follows the same scheme than the 2021 course, with agile round tables, short and frequent breaks and plenty of room for debate among speakers and assistants. As in previous editions, we include a section of clinical images and another of challenging clinical case presentation and discussion based on daily practise, with the aim of stimulating the participation of attendees.

## Objectives

To update the diagnostic process and clinical management of the different SAD.

To remark the importance of multidisciplinary team work.

To discuss with the attendants real-life clinical cases with an eminently practical approach.

## Course specific contributors



# Program

## 17-06-2022

16:15 - 16:30	Registro y entrega de documentación
16:30 - 16:35	Presentation by the Director of the activity <b>Guillermo Ruiz Irastorza</b>   HU Cruces - Unidad de Enfermedades Autoinmunes
16:35 - 17:25	MESA REDONDA 1. ENFERMEDAD INTERSTICIAL PULMONAR AUTOINMUNE "16:35-16:50 Presentación clínica y estudios funcionales" <b>Marta García Moyano</b>   HU Cruces - Sº Neumología "16:50-17:05 La TC pulmonar: una herramienta fundamental" <b>Marta Lázaro Serrano</b>   HU Cruces - Sº Radiodiagnóstico "17:05-17:20 Tratamiento de la enfermedad intersticial pulmonar autoinmune" <b>Cristina Gonzalez de Echavari</b>   HU Cruces. - Unidad de Enfermedades Autoinmunes
17:20 - 17:30	Discusión
17:30 - 17:40	Break
17:40 - 18:30	MESA REDONDA 2. ESCLERODERMIA & MIOSITIS "17:40-18:00 Tratamiento de la esclerodermia" <b>Daniel Martín Iglesias</b>   HU Cruces - Unidad de Enfermedades Autoinmunes "18:00-18:20 Tratamiento de las miopatías inflamatorias" <b>Victor Moreno-Torres Concha</b>   HU Puerta de Hierro-Majadahonda - Sº Medicina Interna
18:20 - 18:30	Discusión
18:30 - 18:40	Break
18:40 - 19:00	"18:40-19:00 Una imagen vale más que mil palabras" <b>Nerea Agesta Sánchez</b>   HU Cruces - Sº Dermatología

## 18-06-2022

09:30 - 10:20	MESA REDONDA 3. STRANGER THINGS " 09:30-09:50. Síndrome antifosfolípido catastrófico" <b>Jimena Varona Pérez</b>   HU Cruces - Sº Medicina Interna
---------------	--

---

“ 09:50-10:10 Disautonomías autoinmunes“

**Juan Carlos Gómez Esteban** | HU Cruces - Unidad de Disautonomías. Sº Neurología

---

10:10 - 10:20      Discusión

---

10:20 - 10:30      Break

---

10:30 - 11:20      MESA REDONDA 4. LUPUS ERITEMATOSO SISTEMICO

---

“10:30-10:50 Las pequeñas otras cosas del lupus“

**Mónica Ferreiro Montenegro** | HU Cruces - Unidad de Enfermedades Autoinmunes

---

“10:50-11:10 El ABC del tratamiento del lupus“

**Guillermo Ruiz Irastorza** | HU Cruces - Unidad de Enfermedades Autoinmunes

---

11:10 - 11:20      Discusión

---

11:20 - 11:30      Break

---

11:30 - 13:00      Round table: “MESA REDONDA 5. CASOS COMO LA VIDA MISMA.“

**Leonor Acha Isasi** | HU Cruces - Sº Medicina Interna

**Marina Torío Salvador** | HU Cruces - Sº Medicina Interna

**Adriana Soto** | HU Cruces - Unidad de Enfermedades Autoinmunes

**Ioana Ruiz Arruza** | HU Cruces - Unidad de Enfermedades Autoinmunes

---

13:00 - 13:05      Closing session

**Guillermo Ruiz Irastorza** | HU Cruces - Unidad de Enfermedades Autoinmunes

---

## Directed by



### **Guillermo Ruiz Irastorza**

UPV/EHU, Medicina

---

1990.- Licenciado en Medicina, Universidad Autónoma de Madrid, 1999.- Doctor en Medicina, Universidad del País Vasco 1996.- Especialista en Medicina Interna 1991-1995.- Residente de Medicina Interna, HU Cruces 1994 & 1999-2000.- Research Fellow, Lupus Research Unit, St. Thomas' Hospital, UK 1997-2001.- Facultativo Especialista en Medicina Interna, Hospital de Mendaro 2001-2010 - Facultativo Especialista en Medicina Interna, HU Cruces 2010.- Jefe de Sección de Enfermedades Autoinmnes, HU Cruces 2004.- Profesor Titular de Medicina, Universidad del País Vasco 217 publicaciones indexadas. Areas principales de investigación: lupus eritematoso sistémico, síndrome antifosfolípido, enfermedades autoinmunes y embarazo. Miembro de SLICC (Systemic Lupus Collaborating Clinics). Miembro del Grupo de Estudio de Enfermedades Autoinmunes Sistémicas (GEAS). Coordinador del Area de Enfermedades Autoinmunes, Inflamatorias e Infecciosas BioCruces Bizkaia.

## Teachers



**Leonor Acha Isasi**

---



**Nerea Agesta Sánchez**

Hospital Universitario Cruces, Facultativo especialista de área

---



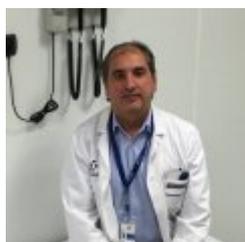
**Mónica Ferreiro Montenegro**

---



**Marta García Moyano**

---



## **Juan Carlos Gómez Esteban**

---

Juan Carlos Gomez-Esteban, MD, PhD, is the director of the Neurodegenerative Disease Group at Biocruces Health Research Institute (Baracaldo, Spain); full-time lecturer in the Department of Neurosciences of the University of the Basque Country (UPV/EHU); and consultant in the Movement Disorders and Autonomic Disorders Unit at Cruces University Hospital (CUH). He majored in medicine at the UPV/EHU, specialized in neurology at CUH and received his PhD in neuroscience from UPV/EHU in 2008, after which he performed a postdoctoral training in the Autonomic Center of New York University. His research interests include the autonomic nervous system, movement disorders, and Parkinson's Disease's pathophysiology and genetics. Dr. Gomez-Esteban co-directs the group of Movement Disorders and Autonomic Disorders Unit at CUH, which pioneered the identification of the E46K mutation of the alpha-synuclein gene in 2004, a paper that has already 1726 citations. His group is highly focused on phenotypic characterization of genetic variants of Lewy body diseases. His research group has 10 ongoing research projects and in the last 5 years Dr. Gomez-Esteban has obtained continuous financial support for research. During this period, he has published 40 research articles with a cumulative citation index of 223 (excluding self-citations).



## **Cristina Gonzalez de Echavarri**

---



## **Marta Lázaro Serrano**

---

- Licenciatura en Medicina UPV en 1999 - Especialidad Radiodiagnóstico Hospital Universitario de Cruces en 2004 - Desde entonces trabajando como médico adjunto en Servicio de Radiología, con especial dedicación al TC. - Dedicación específica a la Radiología Cardiorádica desde el año 2010 - Miembro del Comité multidisciplinar de cáncer de pulmón y del Comité de enfermedades intersticiales del hospital - Participación como docente en cursos de Radiología de tórax - Ponente en diversas jornadas y reuniones centradas en radiología Torácica - Participación en proyectos de investigación del hospital



## **Daniel Martín Iglesias**

---



**Victor Moreno-Torres Concha**

---



**Ioana Ruiz Arruza**

---



**Marina Torío Salvador**

---



**Jimena Varona Pérez**

---



**Adriana Soto**

Banco Santander

---

# Registration fees

<b>FACE-TO-FACE</b>	<b>UNTIL 17-06-2022</b>
General	80,00 EUR
<a href="#">Reduced fee regular</a>	68,00 EUR
<a href="#">Registration exemptions</a>	56,00 EUR
<a href="#">Health, a commitment with people</a>	20,00 EUR
<a href="#">INVITED OSAKIDETZA</a>	0 EUR
<b>LIVE ONLINE</b>	<b>UNTIL 17-06-2022</b>
General	80,00 EUR
<a href="#">Reduced fee regular</a>	68,00 EUR
<a href="#">Registration exemptions</a>	56,00 EUR
<a href="#">Health, a commitment with people</a>	20,00 EUR
<a href="#">INVITED OSAKIDETZA</a>	0 EUR

## **Place**

### **Miramar Palace**

Pº de Miraconcha nº 48. Donostia / San Sebastián

Gipuzkoa