



Sweeteners: health, obesity, safety and sustainability



27.Jun - 29.Jun 2022

Cód. 008-22

Mod.:

Online en directo Presencial

Edición

2022

Tipo de actividad

Curso de Verano

Fecha

27.Jun - 29.Jun 2022

Ubicación

Palacio Miramar

Idiomas

Inglés

Validez académica

30 horas

Web

<https://sweetproject.eu/>

DIRECCIÓN

Jose Alfredo Martinez Hernández, Universidad de Navarra, Catedrático

Santiago Navas Carretero, Universidad de Navarra, Investigador

Comité Organizador



Descripción

Sweeteners and their use in food processing and for health purposes is a subject generating nowadays big controversia, mainly because the real effects of the use of Sweeteners and Sweetness enhancers on health are still unknown. In addition, the regulatory framework and consumers's perceptions of sweeteners and the use of these food ingredients is also under development. Given these premises, the EU funded the SWEET consortium, with the main aim of identifying and addressing the barriers and facilitators to the use of sweeteners and sweetness enhancers (S&SEs), as well as to examining the risks and benefits of using S&SEs to replace sugar in the diet in the contexts of health, obesity, safety and sustainability.

This Summer Course will serve as a channel for communicating to scientists, health professionals and general public the new findings on the use, acceptance and barriers within S&SEs use.

Objetivos

To offer the last updates on sweeteners research on health and weight management. How their use may help to maintain good health indicators or weight control.

To inform patients and caregivers on how sweeteners may affect appetite, microbiota and other metabolic factors.

To explain how food technology is integrating the use of S&SEs in foods, and the origin of this S&SEs, either plant-based or artificial.

To widen the knowledge of consumers' perceptions, barriers and facilitators for the use of S&SEs, as well as to give light to regulatory aspects and dissemination strategies.

Colaboradores específicos del curso



Programa

27-06-2022

09:00 - 09:15	Registration
09:15 - 09:25	Inauguración institucional. Orden de intervención: Jason Halford EASO - President Anne Raben - University of Copenhagen - Professor Jose Alfredo Martinez Hernández Universidad de Navarra - Professor
09:25 - 10:10	“Evidence of the role of sweeteners on appetite and metabolism emerging from systematic reviews” Santiago Navas Carretero University of Navarra - Researcher
10:10 - 10:55	“The role of non-caloric sweeteners in body weight regulation and glycemic control - Facts, myths and current research” Anne Raben - University of Copenhagen - Professor
10:55 - 11:40	“Sweet Taste: Hedonic Impact and Control Over Food Intake” Graham Finlayson University of Leeds - Professor
11:40 - 12:10	Coffee Break
12:10 - 12:55	“Sweeteners, microbiota and metabolic health” Ellen Blaak University of Maastricht - Professor
12:55 - 13:40	“Sweet Tooth” Kees de Graaf Wageningen University - Professor
13:50 - 14:00	Síntesis

28-06-2022

09:00 - 09:45	“Sucrose functionality in fine bakery ware and impact of sucrose substitution on nutrition and sensory profiles “ Alain Le-bail Oniris - Professor (Participa via zoom)
10:00 - 11:00	“Production, efficacy and safety of novel plant based sweeteners and blends” Corey Scott Cargill Ltd - Scientist
11:00 - 11:30	Coffee Break
11:30 - 12:00	“Consumption habits and acute effects of sweet beverage intake on appetite, metabolism and gastro-intestinal symptoms. Overview” Eva Almirón Roig University of Navarra - Professor

12:00 - 12:30 “Consumption habits and acute effects of sweet beverage intake on appetite, metabolism and gastro-intestinal symptoms. Results of the Beverages Study”

Jose Alfredo Martinez Hernández | University of Navarra - Professor

12:30 - 13:15 “Sweeteners Research: Using LinkedIn for impact in science”

Sheree Bryant | European Association for the Study of Obesity (EASO) - Scientist

13:15 - 13:45 Síntesis

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09:00 - 09:45 “The EU regulatory framework for introduction of new S&SEs and impact on research and innovation”

Monique Raats | University of Surrey - Professor

09:45 - 10:30 “Population based evidence about Sweeteners intake”

Edith Feskens Johanna | Wageningen University - Professor

10:30 - 11:15 “There is much to learn about the sustainability of sweeteners “

James Suckling | University of surrey - Professor

11:15 - 11:45 Coffee Break

11:45 - 12:30 “The role of mass and social media in promoting risks and benefits of Sweeteners & Sweetness Enhancers”

Monique Raats | Newcastle University - Scientist

12:30 - 13:00 Cierre

Anne Raben - | University of Liverpool - Professor

Dirigido por:



Jose Alfredo Martinez Hernández

Universidad de Navarra, Catedrático



Santiago Navas Carretero

Universidad de Navarra, Investigador

Santiago Navas-Carretero se licenció en Farmacia por la Universidad Complutense de Madrid en 2002, y se doctoró en Nutrición en 2007 por esta misma Universidad, recibiendo además la mención “Doctor Europeus”. Se incorporó a la Universidad de Navarra en Octubre de 2008 y desde entonces lleva realizando sus labores de investigación en dicho Centro. Es investigador en el Centro de Investigación en Nutrición de la Universidad de Navarra. Es Investigador Principal de 2 contratos de investigación (Nutriprecisión y Medkids), 2 proyectos de Gobierno de Navarra (ALINFA y CORALS-centros educativos), además de haber participado en numerosos proyectos de nivel regional, nacional y europeo. Cabe destacar los proyectos europeos Food4Me, PREVIEW y SWEET. Además, es autor o coautor de 120 artículos científicos y capítulos de libros.

Profesorado



Eva Almirón Roig



Ellen Blaak



Sheree Bryant

Sheree Bryant es directora de comunicaciones de la Asociación Europea para el Estudio de la Obesidad y proporciona apoyo de comunicación y difusión al proyecto SWEET.



Kees de Graaf



Edith Feskens Johanna

Wageningen University



Graham Finlayson

University of Leeds



Alain Le-bail



Monique Raats

University of Surrey, Professor

Professor Monique Raats is Director of the University of Surrey's Food, Consumer Behaviour and Health (FCBH) Research Centre. FCBH research domains include: food-related behaviour and policy interventions (such as labelling, health claims) to achieve sustainable and healthy lifestyles; social, policy and ethical issues relevant to the grand societal challenges such as sustainability and obesity; study of food systems from the perspective of significant actors and stakeholders within the system; methodologically advancing the field of food consumer science through exploring novel sources of data and methods of data linking. She previously worked at the Institute of Food Research, Health Education Authority and University of Oxford. Her expertise is in the area of public health and behavioural nutrition research, gained on a variety of projects. Her research is wide ranging both in terms of topics covered (e.g. food choice, policy development, food safety) and methodologies used (e.g. qualitative, quantitative, stakeholder consultation). To date she has published over 140 refereed papers, other publications including 20 book chapters and edited two books ("The Psychology of Food Choice" and "Food for the Ag(e)ing Population").



Anne Raben -

University of Copenhagen



Corey Scott



James Suckling

University of Surrey

Dr James Suckling is a Research Fellow at the Centre for Environment and Sustainability, within the University of Surrey, UK. He trained as a physicist, before working for 6 years in R&D at Sharp. He has worked in sustainability for 6 years and researched diverse topics including circular economy models for mobile phones, up-scaling of niche innovations in the water-energy-food nexus, rearing insects for food and feed, and upscaling of smart local energy systems. All his research in CES has had a multi-disciplinary focus, including technical and social aspects throughout. He has expertise in life cycle assessment. His latest role is on the EU Horizon 2020 funded SWEET Project, researching the sustainability of replacing sugar with sweeteners and sweetness enhancers in food and drink.

Precios matrícula

PRESENCIAL	HASTA 27-06-2022
Miembros del Consorcio SWEET (Curso Verano + Asamblea General)	135,00 EUR
General	110,00 EUR
Exención de matrícula	77,00 EUR
La Salud, un Compromiso con las Personas	27,50 EUR
INVITADOS OSAKIDETZA	0 EUR
ONLINE EN DIRECTO	HASTA 27-06-2022
General	110,00 EUR
Miembros del Consorcio SWEET	110,00 EUR
Miembros junior y estudiantes de doctorado de SWEET	71,00 EUR
Exención de matrícula	77,00 EUR
La Salud, un Compromiso con las Personas	27,50 EUR
INVITADOS OSAKIDETZA	0 EUR

Lugar

Palacio Miramar

Pº de Miraconcha nº 48. Donostia / San Sebastián

Gipuzkoa