

02/09/2026 - Day 1			
Schedule		Language	Speaker - Title
08:30 - 12:00	Online	Spanish (with subtitles)	<b>Satellite Symposium - From Omics to Action: Precision Nutrition Strategies for Metabolic Health</b> Chairs: Carolina Nicoletti e Helen Hermana
08:30 - 08:45		Manuel Suárez Recio	Omics sciences and personalized nutrition
09:45 - 9:00		Diego Garcia	Brown Adipose Tissue in Health: A True Ally?
9:00 - 09:15		Fermín Milagro - CIBEROBN	From gut microbiota to systemic health: Impact of diet in the bacterial ecosystem
09:15 - 09:30		Grecia Denisse	
09:30 - 09:45		González Sánchez	Integrative Design of Nutrigenetic Portfolios for Personalized Management of Metabolic Syndrome
09:45 - 10:00	Panel 1	Daniel Antonio de Luiz Román	Artificial Intelligence Support in Clinical Nutrition Research
10:00 - 10:30	Break		
10:30 - 10:45		Jose Luis Santos Martin	Metabolomics in nutrition epidemiology studies
10:45 - 11:00		Maria Elizabeth Tejero Barrera	Effects of bioactive compounds on inflammation: omic studies
11:00 - 11:15		Omar Ramos López	The impact of capsaicin on cardiometabolic health: Nutriomic approaches
11:15 - 11:30		Elisa Maria Barron Cabrera	Exercise as a Modulator of Inflammasome Activation in Obesity-Related Inflammation
11:30 - 11:45		Begoña Muguerra Marquín	Interplay between bioactive compounds and biological rhythms
11:45 -12:00	Panel 2	Q&A	
13:00 - 17:00	In person- UNIRIO	Portuguese (no subtitles)	<b>Profa. Dra. Francine Albernaz Lobo</b> Valorização e potencialidades de subprodutos obtidos de frutas nativas brasileiras: uso sustentável para agroindústria
13:00 - 17:00	In person - UNIRIO	Portuguese (no subtitles)	<b>Profa. Dra. Ana Carolina Proença da Fonseca e Profa. Dra. Fernanda Matos</b> Aplicação da Nutrigenética em Nutrição de Precisão: unindo teoria à prática
13:00 - 17:00	In person - UNIRIO	Portuguese (no subtitles)	<b>Profa. Dra. Marta Silvestre e Profa. Dra. Diana Teixeira</b> Em breve
03/09/2026 - Day 2			
9:00 - 9:30		Portuguese (with subtitles)	<b>Opening Ceremony</b>
9:30 - 10:00		Spanish (with subtitles)	<b>Opening Lecture</b>
	In person		Prof. Dr. Alfredo Martínez Personalized Nutrition, Precision Nutriomics and Artificial Intelligence
10:00 - 11:15		Spanish (with subtitles)	<b>Symposium - Integrating Biomarkers, Microbiota, and Genetics in Precision Nutrition</b>
10:00 - 10:20	In person		Profa. Dra. Ana Laura de La Garza Integrating Nutritional Biomarkers into Precision Nutrition Research and Practice
10:20 - 10:40	In person		Profa. Dra. Amanda Cuevas Gut microbiota in chronic inflammation and personalized weight loss
10:40 - 11:00	Online		Dr. Alberto Ángel Martín Smart nutrition: genetics, microbiota and immunity in the new era of personalized health
11:00 - 11:15			Q&A
11:15 - 11:45	-	-	<b>Coffee Break</b>
11:45 - 12:30		Spanish (with subtitles)	<b>Symposium - Multiomics and Gut Microbiota in Childhood Obesity</b>
11:45 - 12:00	In person		Prof. Dr. Concepción M. Aguilera Multiomics approach in the study of metabolic alteration in children and adolescents with obesity
12:00 - 12:15	Online		Profa. Dra. Anny Cristina Teran Arango Microbiota and Diet Quality in Childhood Obesity in Ecuador
12:15 - 12:30			Q&A
12:30 - 14:00	<b>Lunchtime break</b>		

<b>14:00 - 15:15</b>		<b>Portuguese (with subtitles)</b>	<b>Symposium - Precision Nutrition Strategies: Integrating Exposome, Digital Tools, and Gut Microbiome Interactions</b>
14:00 - 14:20	In person		Profa. Dra. Diana Teixeira
			Influence of Dietary Habits on Exposure to Endocrine Disruptors: An Intervention Applied to Nutritional Care
14:20 - 14:40	In person		Profa. Dra. Marta Silvestre
			Continuous Glucose Monitoring Systems as a Tool for Personalized Nutritional Interventions
14:40 - 15:00	In person		Profa. Dra Nathalia Caroline de Oliveira Melo
			Polyphenol–Gut Microbiome Interactions in Precision Nutrition: From Mechanisms to Dietary Strategies
15:00 - 15:15			Q&A
15:15 - 16:00		<b>Portuguese (with subtitles)</b>	<b>Keynote Lecture</b>
15:15 - 15:45	In person		Prof. Dr.Dennys Esper Cintra
			Rethinking the Recommended Dietary Allowances for Essential Fatty Acids under the Nutritional Genomics Dynamic Perspective
15:45 - 16:00			Q&A
16:00 - 16:30	-	-	<b>Coffee Break and Posters</b>
<b>16:30 - 17:20</b>		<b>Author's language (with subtitles)</b>	<b>Oral Presentations</b>
16:30 - 16:40	In person		Author 1
16:40 - 16:50	In person		Author 2
16:50 - 17:00	In person		Author 3
17:00 - 17:10	In person		Author 4
17:10 - 17:20			Q&A
<b>17:20 - 18:00</b>		<b>Portuguese (with subtitles)</b>	<b>Closing Remarks Day 1</b>
<b>04/09/2026 - Day 3</b>			
<b>09:00 - 09:30</b>		<b>Portuguese (with subtitles)</b>	<b>Welcome remarks</b>
<b>09:30 - 10:25</b>		<b>Spanish (with subtitles)</b>	<b>Symposium - When We Eat Matters: Chrononutrition and Dietary Patterns</b>
09:30 - 09:50	In person		Barbara Vizmanos
			Chrononutrition Patterns in Personalized and Precision Nutrition
09:50 - 10:10	In person		Alejandra Betancourt Núñez
			When and what we eat: dietary patterns in relation to chronotype and meal timing
10:10 - 10:25			Q&A
<b>10:25 - 11:00</b>	-	-	<b>Coffee Break</b>
<b>11:00 - 12:30</b>		<b>Spanish/Portuguese (with subtitles)</b>	<b>Symposium - Precision Nutrition in MASLD: Molecular Mechanisms and Bioactive Compounds</b>
11:00 -11:20	In person		Profa. Dra. Wilza Arantes Peres
			MicroRNAs and Precision Nutrition: from Metabolic Phenotyping in MASLD to Muscle Vulnerability in Cancer
11:20 - 11:40	In person		Prof. Dr. Claudio Bernal
			Functional Lipids in Experimental Models of Hepatic Steatosis (MASLD)
11:40 - 12:00	In person		Prof. Dr. Andrés Trostchansky
			Nitro-Fatty Acids Formed During Virgin Olive Oil Consumption: Dependence on Cultivar, Fruit Ripening, and Polyphenols and Their Protective Role in a NAFLD Pathophysiology Model.
12:00 - 12:20	Online		Dr. Iñaki Milton-Laskibar
			Usefulness of postbiotics for the management of MAFLD. Mechanisms of action and therapeutic perspectives
12:20 - 12:30			Q&A
<b>12:30 - 14:00</b>	<b>Lunchtime break</b>		
<b>14:00 - 15:15</b>		<b>Spanish (with subtitles)</b>	<b>Symposium - Targeting Cardiometabolic Disorders through Precision Nutrition</b>
14:00 - 14:20	In person		Prof. Dr. Luis Baquerizo
			Hypoxia as a Complementary Therapy for Metabolic Disorders and Obesity

14:20 - 14:40	In person		Prof. Dr. Marcela Vazquez Prieto Bioactive Compounds from Grapes and Their Role in Obesity-Related Metabolic Disorders
14:40 - 15:00	Online		Prof. Dr. Sergio Polakof Metabolic Flexibility and Cardiometabolic Risk: Leveraging Postprandial Metabolism in Precision Nutrition
15:00 - 15:15			Q&A
15:15 - 16:00		<b>English (with subtitles)</b>	<b>Keynote Lecture</b>
15:15 - 15:45	Online		Profa. Dra. Saroja Voruganti Genetic basis of metabolic responses to nutrient intake in diverse populations
15:45 - 16:00			Q&A
16:00 - 16:30	-	-	<b>Coffee Break and Posters</b>
<b>16:30 - 17:20</b>		<b>Author's language (with subtitles)</b>	<b>Oral Presentations</b>
16:30 - 16:40	In person		Author 1
16:40 - 16:50	In person		Author 2
16:50 - 17:00	In person		Author 3
17:00 - 17:10	In person		Author 4
17:10 - 17:20			Q&A
<b>17:20 - 18:00</b>		<b>Portuguese (with subtitles)</b>	<b>Awards and Closing Remarks</b>